



For the last decade,
Wanderlust has been a worldwide leader
in the mindful movement, with a vibrant and
active community of seekers who are
passionate about finding their True North!

# The world is yours!

Wanderlust 108 is an international franchise with a global presence.

14 years.25 countries.2022: the first time in Romania.

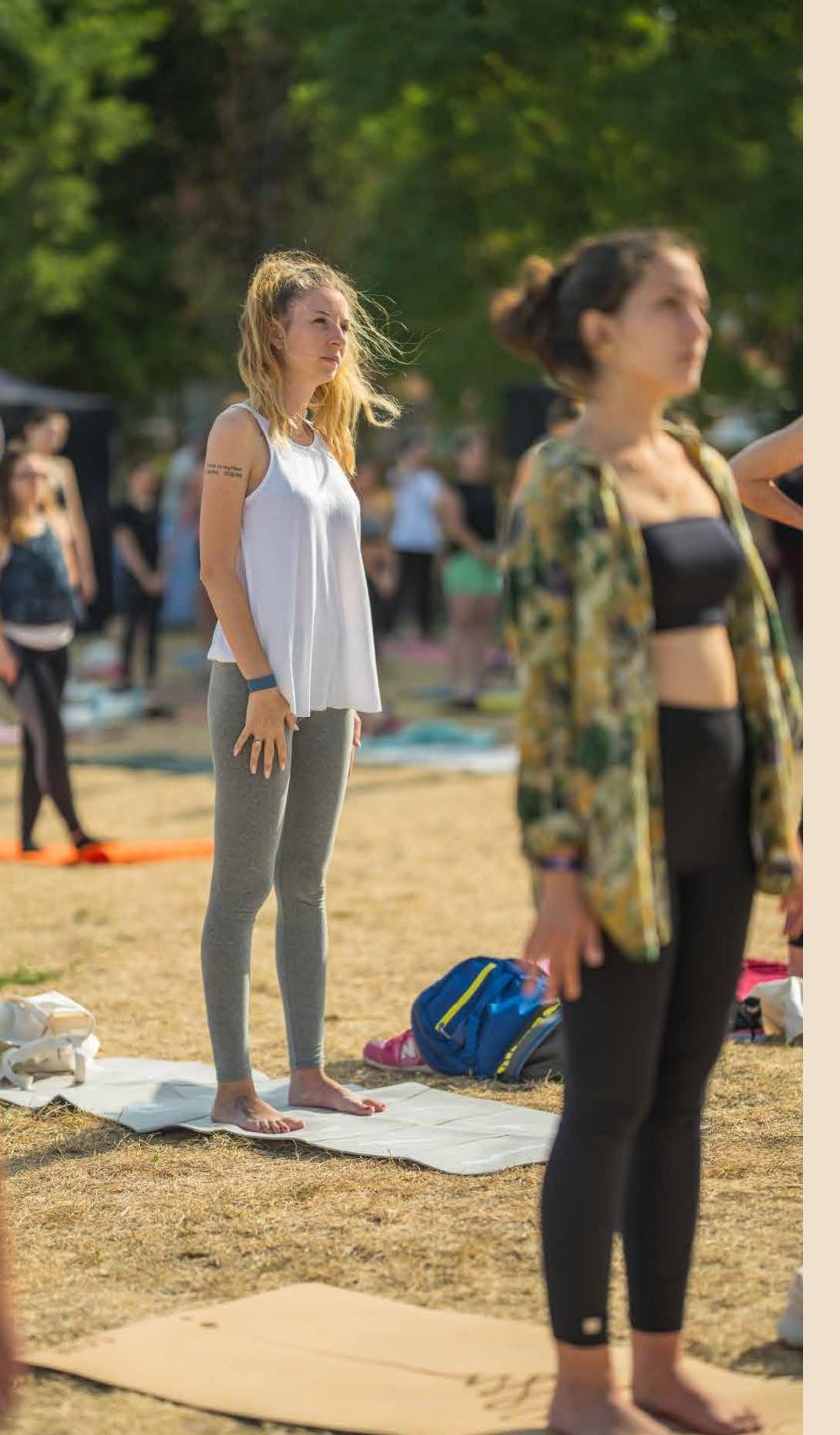
## On Your Mat, Get Set, Flow!

Wanderlust 108 is not a competition, It's a place to find yourself among friends, while reiterating the yogic principles.

It's the home of many holistic experiences, who's peak is **the Mindful Triathlon**. The fitness, yoga and meditation activation that stays at the core of Wanderlust It's serious sweat, and depth, but filled with the joy of being surrounded by people who feel the same. People who can dance like nobody's watching.

This is an occasion to engage your mind and body like never before.

This is Wanderlust 108!



# Community-centered yet individual

Outdoor event, happening in a green area at the heart of the city

Fitness
Large Scale Yoga Class
Meditation / Speakers
Kula Marketplace
Acroyoga, Aerial Yoga, Hooping
Bodywork, Essential Oils



MEET THE THREE PHASES OF

#### THE MINDFUL TRIATHLON

at the heart and soul of our event:

FITNESS + YOGA + GUIDED MEDITATION



## Put your fit in fitness

Breathe. Feel your body waking up and see all the eyes around you smiling as the pace is picking up. First, we warm up, then we get to the fitness part. Your heartbeat takes the lead and yes, all this happiness feels great!

Welcome to the 60 minutes warm up + fitness activation, brought on stage by our famous DJ and instructors.

This class is accessible. This qualifies as easy level if you are already an athlete.

30 min warm-up, 30 min fitness.



## Yoga

This is not your typical yoga class.

Wanderlust's unique style of yoga + music makes this 60-minutes of beat-powered flow to feel amazing.

This class is accessible. If you're an athlete that's new to yoga, it's a great way to try something new.



### Guided meditation

Our 30-minute guided meditation will clear your mind, relax your body, and complete the mindful triathlon.

As the last special event in our well-being triade, it's what rounds out and completes the event. Not to be missed!

The meditation, just like yoga, is designed to be very accessible. Our instructors will guide you, regardless of your experience level. Please take note that we can introduce new speakers in the program.



## KULA MARKETPLACE

Designed as a hub for connecting with friends old and new, shopping for covetable goodies, and checking out exciting local products.

Opened for partnerships to add even more fun (think creative activities, well-being or holistic care consultancy or shopping, as well as food&beverage).



## KULA MARKETPLACE

By day, share a beverage with friends, plan your schedule, or relax and recharge in the seating area.

When the sun sets, the Kula Market transforms into a cozy acoustic lounge with storytelling and live music.

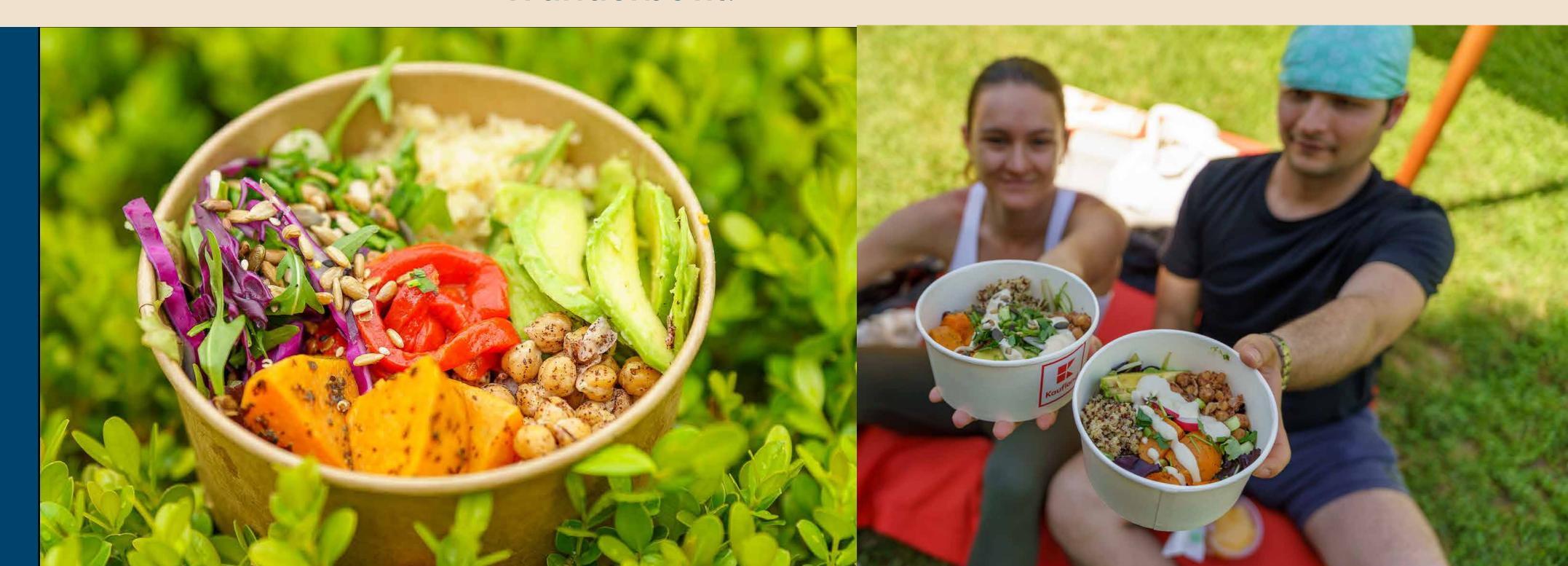


### WANDERBOWL

It's our signature dish, available The pinnacle of all great foods arranged in the most deliciously attractive color-pallette in just one bowl. The most balanced combo is here to feed the body with its essential nutrients, and the mind with the pleasure of the tastes!

Available for pre-order at True North Café and ready to eat in our Picnic Area.

Wanderlust tries to use compostable materials wherever possible, especially with a high-volume item like the Wanderbowl.



## + ADDITIONAL UNIQUE CLASSES

to take place on the lawn throughout the afternoon

HOOPING
AIR YOGA
ACROYOGA
ESSENTIAL OIL WORKSHOPS
BODYWORK CLASSES





SOURCE: 2019 WANDERLUST FESTIVAL & 108 SURVEY DATA

#### We asked our Wanderlust family about themselves and here's what they told us:

87%
are happiest in nature and outdoors

80%

would recommend Wanderlust to a friend 65%

are hikers

66%

practice meditation 65%

are runners or joggers

93%

use reusable water bottles

61%

consider
themselves
foodies or
gourmets

90% 10%





## 2 days events

Day events happening in Bucharest With extended areas and Cluj-Napoca

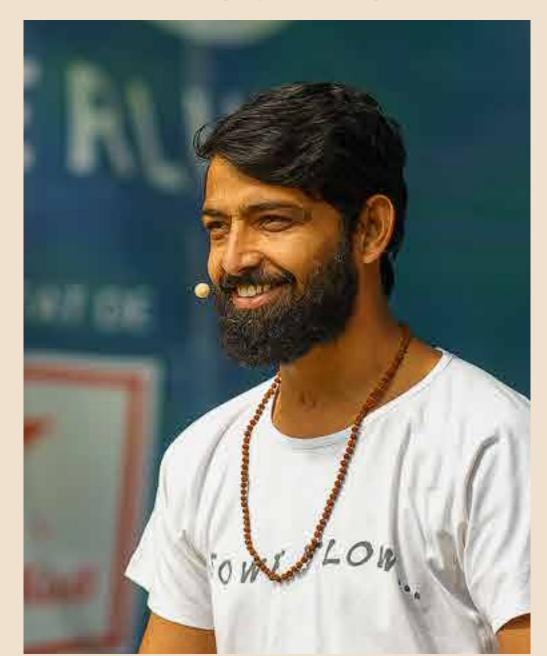
## Kula Market

## Event area

**Extra activities** New vendors and guests in the food & beverages area

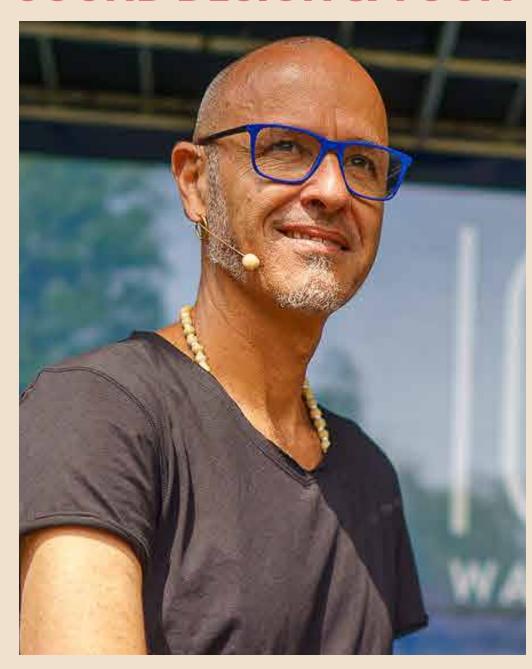
## Trainers & activities

#### **HATHA YOGA FLOW**



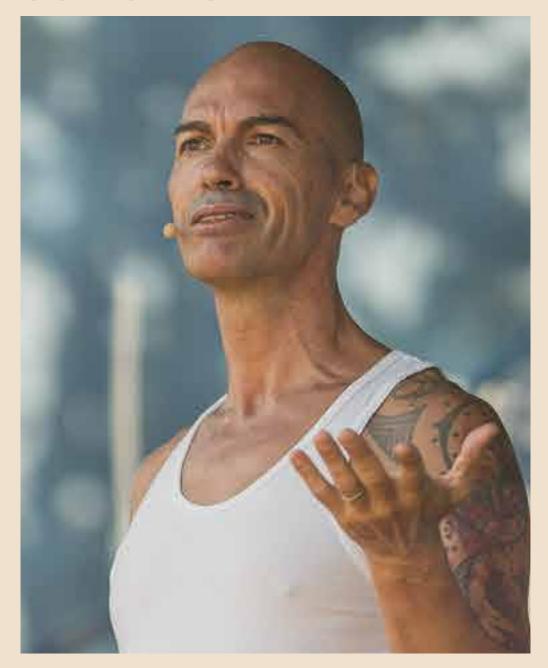
Ravi Dixit

#### **SOUND DESIGN & YOGA**



Yotam Agam

#### **SUN SALUTE**



Julio D. Papi

#### **MEDITATION**

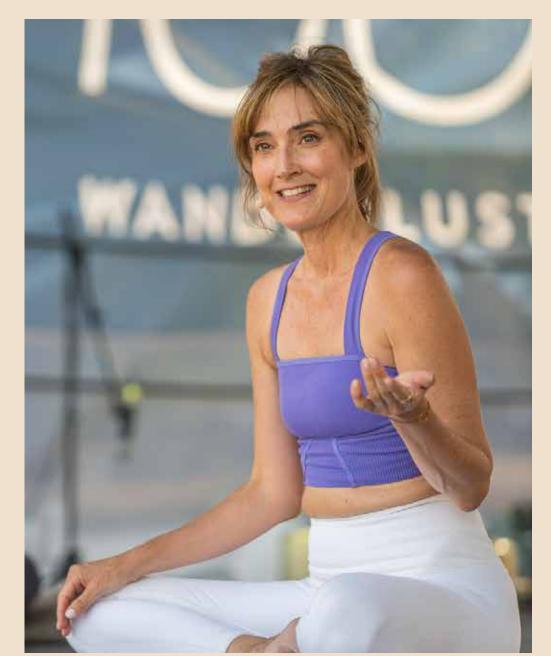


Avisek



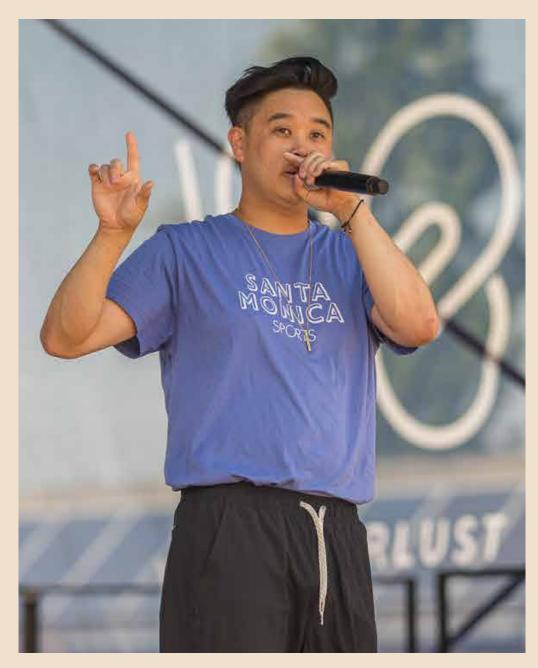
## Trainers & activities

#### YOGA



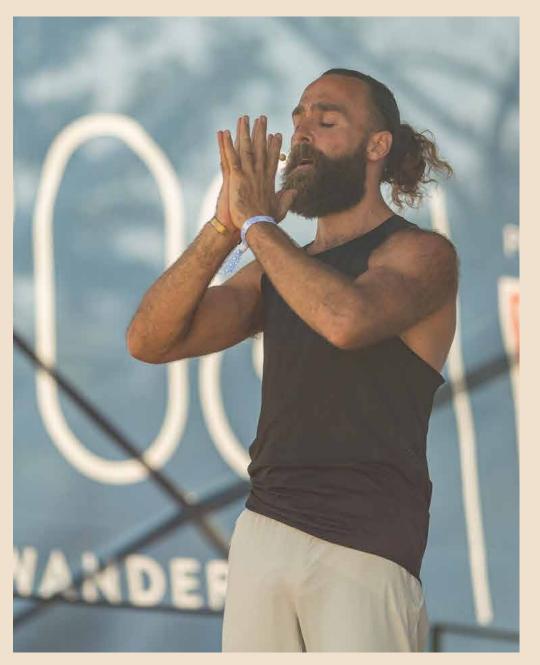
**Alex Dawson** 

#### **MEDITATION**



Michael James Wong

#### WELLNESS FACILITATOR



Leo Oppenheim

#### **FITNESS**



Horațiu Dumitrescu





## Indoor event

Wanderlust True North - happening in historical buildings in Bucharest and Cluj-Napoca. A premium experience making the event itself a destination.



## Iconic venues

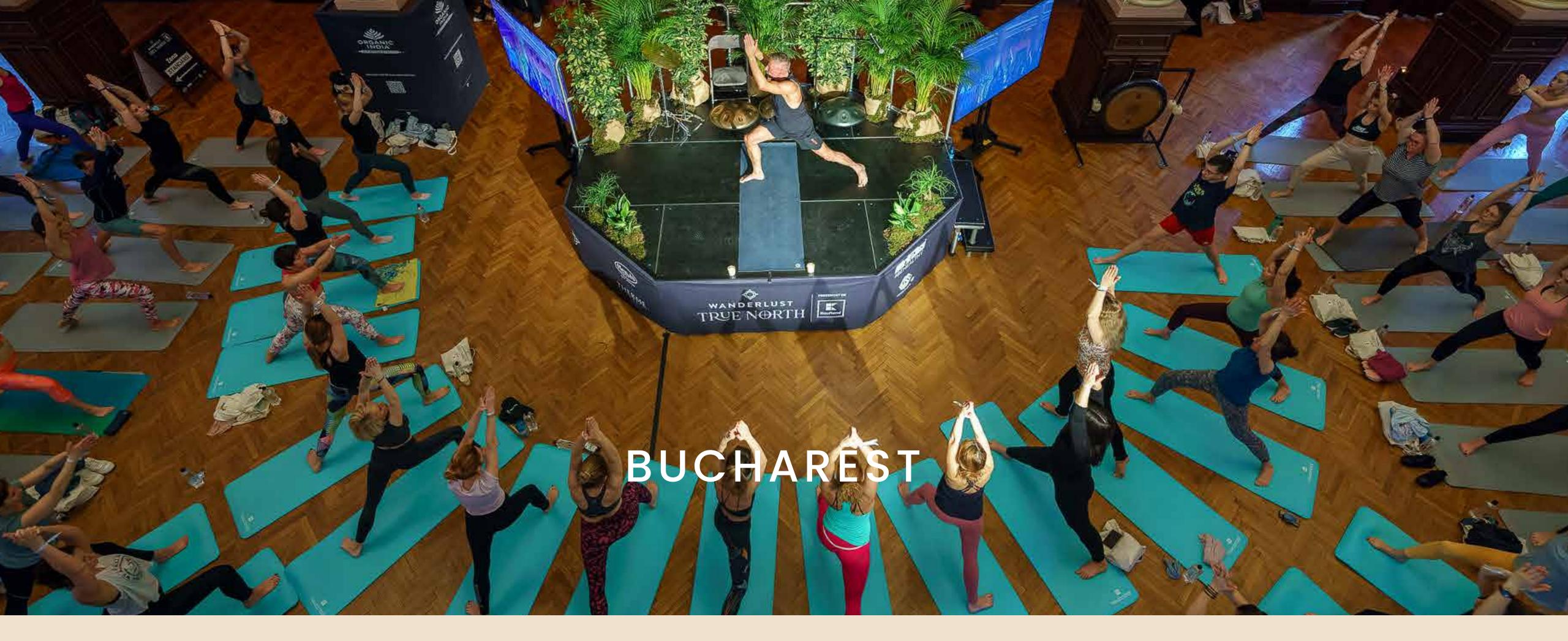
Opening historical buildings and landmarks for a day of mindfulness and wellbeing.

## Reshaped triathlon

Fitness is replaced by musical and dance activities or speaker events.

## International speakers

International superstars to join local professionals for speaker events.



### **Bucharest event**

A day that focuses on wellbeing and mindfulness.

The event starts with music and, along its 5 hours, will add power yoga, kundalini yoga and meditation, all happening inside the historical building that is the Bragadiru Palace.

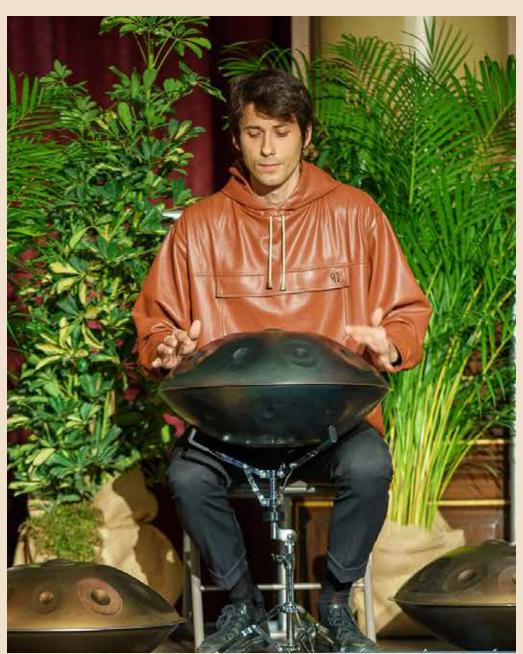


### The location

The Bragadiru Palace is a Renaissance Revival palace. The construction of this "Colossus", as the building was referred to during its beginnings, was made according to the plans conceived by the Austrian architect Anton Shuckerl in 1894. It is an impressive structure interfusing architectural styles of the most renowned buildings of the 1900s.

## Trainers & activities

#### **MUSIC**



**Artur Pasecinic** 

#### **POWER YOGA**

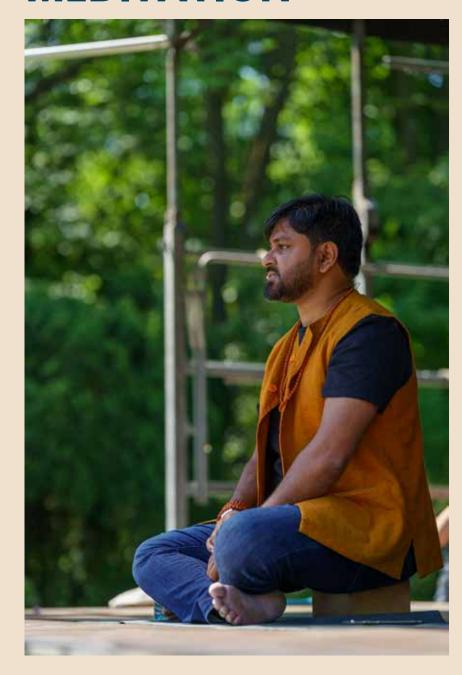


Peter Ambjörn

#### **KUNDALINI YOGA**

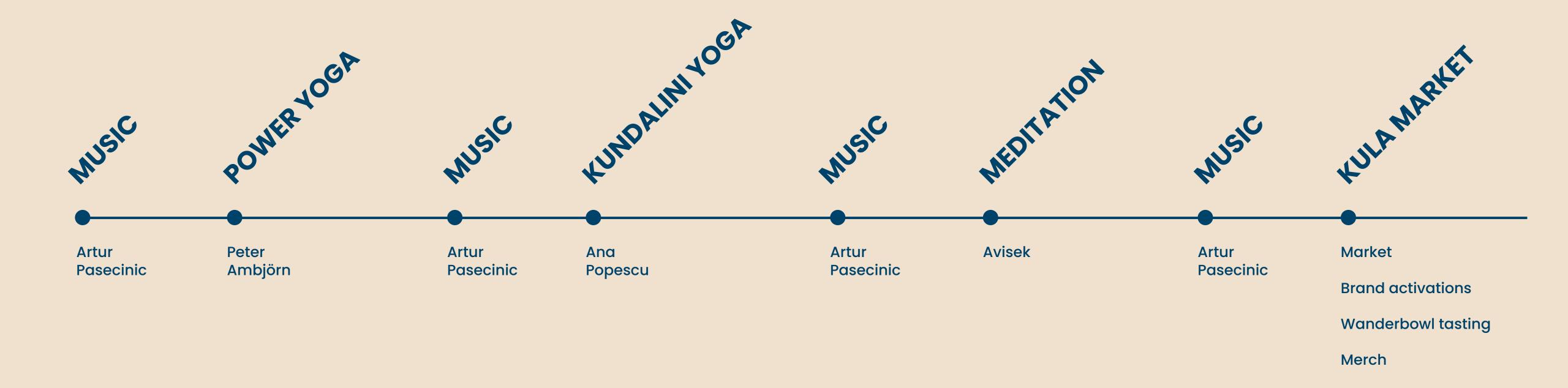


#### **MEDITATION**



**Avisek** 

## Event timeline



### 2023 PARTICIPANTS

Wanderlust 108 (Cluj-Napoca, Bucharest)

Wanderlust True North

2800 entries/day

Kula Market

3500 entries/day

### 2024 GOALS

2X 2DAY EVENTS
Wanderlust 108
(Cluj-Napoca, Bucharest)

1X 1DAY EVENT Wanderlust True North

(Bucharest - historical building)

+ Kula Market new vendors

+ Activate the community throughout the year

(through partners activation)

